

## Sr Camp 2025

Volleyblast Performance Camps are designed with the aim of developing volleyball skills, promoting fitness, and most importantly, having fun playing alongside athletes your own age or skill set. The camp sessions are lead by Stephen Leggitt - Volleyblast Director

14U,15U,16U, 17U, 18U Co-ed "Athletes from All Clubs are Welcome"

Daily Sessions and Half Day Sessions now Available.

Location: Level 1 Sports inc. 14449 Yellowhead Trail NW

When: December 29th, 30th and 31st

Cost: \$275 for full 3 day camp,

\$110 for full 1 day session \$60 for 1/2 day session

Sample Camp Schedule - Afternoon schedule will look the same as morning

• 9 am till 10 am will be technical instruction

• 10 am till Noon will be game play and will include, 6 on 6, 4 on 4, 3 on 3 & competitive games of all nature

CAMP WILL BE LIMITED TO 48 ATHLETES TO ALLOW FOR OPTIMUM TOUCHES

Early Drop off / Late pick up available

For more information or to register contact:

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Checkout: volleyblast.ca.

Follow-us on instagram @ volleyblast





